



# THE WADALBA news

UNLOCKING THE BRILLIANCE IN EACH OF US

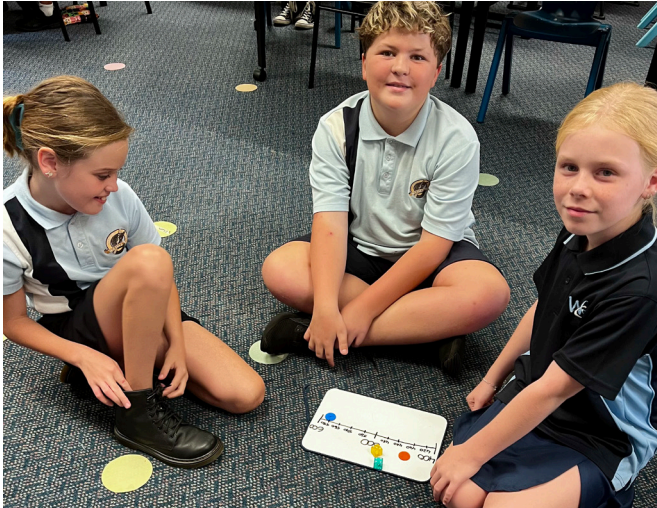
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## DATES TO REMEMBER

### MARCH

- |    |                   |
|----|-------------------|
| 13 | NAPLAN Starts     |
| 19 | Police Visit      |
| 21 | Harmony Day       |
| 28 | Easter Hat Parade |
| 29 | Good Friday       |





## In the Classroom with 4/5H

We have had a very busy start to the year and 4/5H have done well to be positive during such an eventful beginning.

I am lucky to have taught some of these students before, and excited to have some new faces. We are still becoming close as a class and getting into our routine, but they are following my high expectations and showing potential to be independent learners.

In English, we are studying the book *The Wild Robot* and using our imagination to create sentences, design settings and describe features of the text. 4/5H have written some entertaining introductions and experimented with language, since a focus of ours this year is to expand our vocabulary.

During Maths, we are looking at place value and increasing our confidence when working with higher numbers. There are many hands on activities that we are exploring and 4/5H enjoy using these games to support their learning.

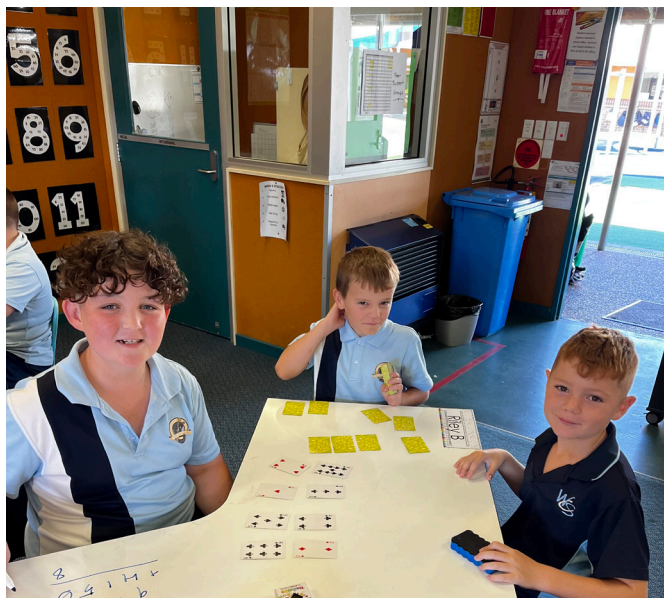
This term we are team teaching with the high school teachers for Art. 4/5H have been looking into the works from Pablo Picasso and doing extremely well with trying to recreate his cubism style in our own way.

I am really looking forward to the rest of the year together. There are many experiences ahead and memories to be made!





## In the Classroom with 4/5H cont.





# Clean Up Australia Day

On Monday 4 March the students and teachers of Wadalba Community School came together to participate in Clean Up Australia Day, a nationwide event aimed at preserving our environment and reducing waste.

Armed with gloves, bags, and a collective passion for making a difference, classes fanned out across the school grounds to roll up their sleeves and collect litter. From plastic bottles to chip packets, our dedicated students scoured every corner, leaving no stone unturned in their quest to leave our community cleaner and greener.

We would like to thank everyone for participating in this important event. We are grateful for your efforts in making Wadalba a cleaner and more sustainable place to live and learn.





## Clean Up Australia Day cont.





## Cool Connections

The Cool Connections Workshop, organised by the Iris Foundation, offers an engaging platform for young people to explore important topics related to mental health and well-being. Through interactive activities, discussions, and creative expression, participants have the opportunity to build essential life skills, develop resilience, and foster supportive connections within their community. Led by experienced facilitators, the workshop provides a safe and inclusive environment where individuals can openly discuss their experiences and learn valuable strategies for managing stress, building positive relationships, and seeking help when needed. By empowering young people with knowledge and resources, the Cool Connections Workshop plays a crucial role in promoting mental health awareness and resilience among today's youth.

We currently have twenty of our Stage 3 (Year 5 and 6) students participating in a four-week Cool Connections workshop. We have hosted the Iris Foundation numerous times before and our students and staff have reported back very positively about the program. We would like to thank Nikki and her team from the Iris Foundation for their ongoing support to promote positive wellbeing at WCS.





# Parent Information Sessions

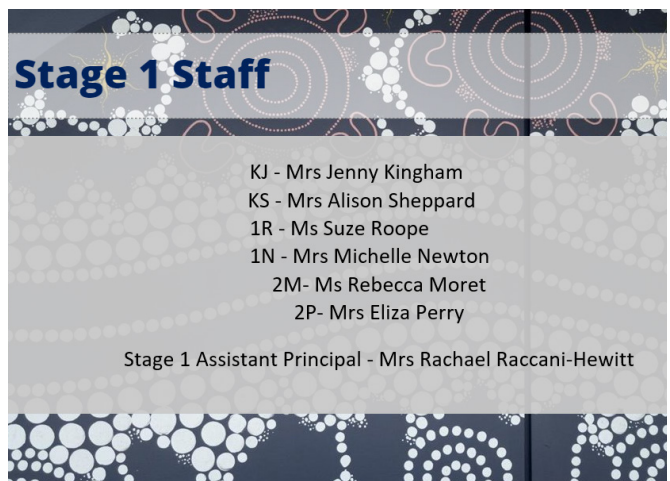
We are delighted to reflect on the success of our recent Parent Welcome Afternoon Tea and Parent Information Sessions for students from Kindergarten to Year 6. The event was a wonderful opportunity to welcome you to our school community, provide valuable information about our programs and initiatives, and establish a strong partnership between home and school.

Following the afternoon tea, informative sessions were held for each year group, giving parents the opportunity to meet their child's teachers, learn about the curriculum, classroom expectations, and school activities planned for the year. Parents had the chance to ask questions, seek clarification, and gain a deeper understanding of how they can support their child's learning and development throughout the school year.

We understand that the beginning of a new school year can be both exciting and overwhelming for parents and students, and we are committed to providing the support and information needed to ensure a smooth transition and a successful academic journey.

We want to express our gratitude to all the parents who attended the event, as well as to our dedicated staff members who worked tirelessly to make the Parent Welcome Afternoon Tea and Information Sessions a success.

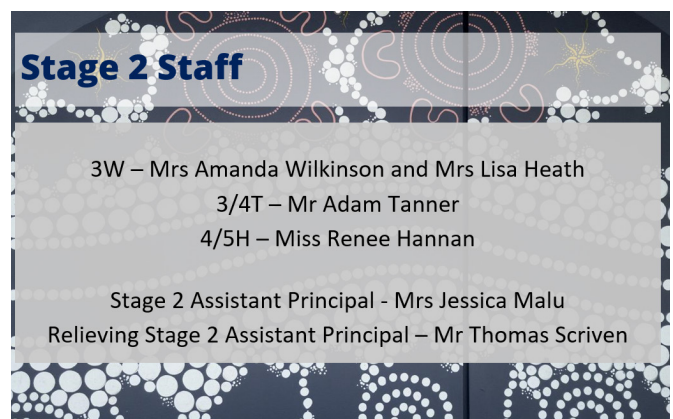
If you were unable to attend the event or have any questions following the sessions, please refer to ClassDojo for digital copies of the presentations.



## Stage 1 Staff

KJ - Mrs Jenny Kingham  
 KS - Mrs Alison Sheppard  
 1R - Ms Suze Roope  
 1N - Mrs Michelle Newton  
 2M - Ms Rebecca Moret  
 2P - Mrs Eliza Perry

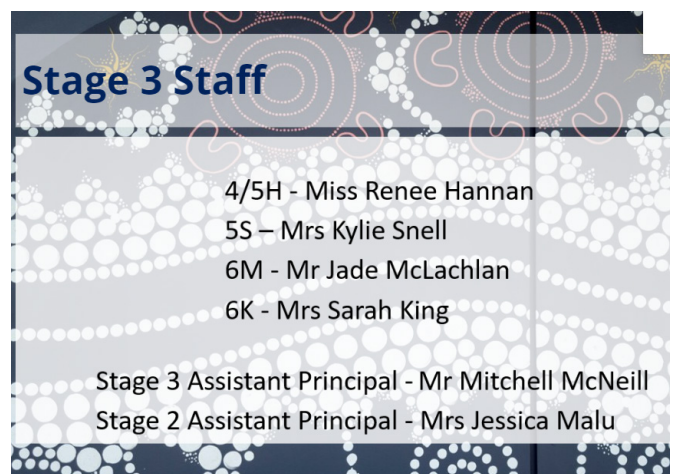
Stage 1 Assistant Principal - Mrs Rachael Raccani-Hewitt



## Stage 2 Staff

3W – Mrs Amanda Wilkinson and Mrs Lisa Heath  
 3/4T – Mr Adam Tanner  
 4/5H – Miss Renee Hannan

Stage 2 Assistant Principal - Mrs Jessica Malu  
 Relieving Stage 2 Assistant Principal – Mr Thomas Scriven



## Stage 3 Staff

4/5H - Miss Renee Hannan  
 5S – Mrs Kylie Snell  
 6M - Mr Jade McLachlan  
 6K - Mrs Sarah King

Stage 3 Assistant Principal - Mr Mitchell McNeill  
 Stage 2 Assistant Principal - Mrs Jessica Malu

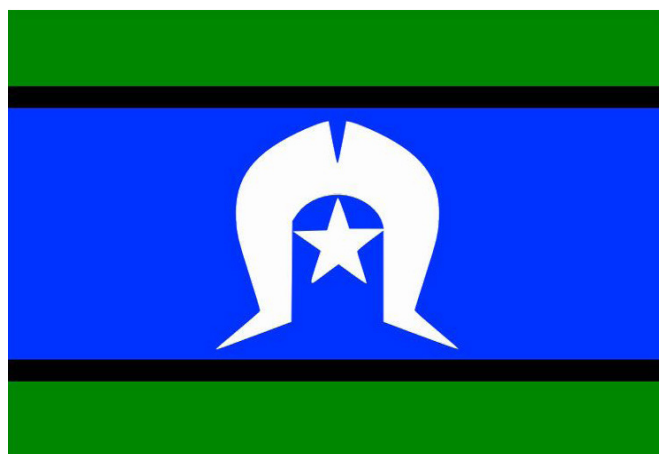


## PLP's

Wadalba Community School and the NSW Department of Education recognise the importance of acknowledging and respecting the unique cultural backgrounds, experiences, and needs of Aboriginal and/or Torres Strait Islander students. By ensuring all First Nations students to have a personalised learning pathway (PLP), the department aims to ensure that these students receive tailored support and opportunities that align with their individual strengths, interests, and aspirations.

This approach acknowledges that every student is different and learns in their own way. PLPs enable educators to better meet the needs of Aboriginal and Torres Strait Islander, fostering a sense of belonging and empowerment within the educational environment. By incorporating Indigenous perspectives, knowledge, and cultural practices into the curriculum, schools can create a more inclusive and relevant learning experience for Aboriginal students. Furthermore, PLPs help to address the educational disparities and historical disadvantages faced by many Aboriginal and Torres Strait Islander students.

Over the past two weeks, our staff have met with all of our First Nations students and families to collaboratively create meaningful PLPs. It has been great to catch up with our Indigenous families to establish exactly what are their educational and cultural goals for their children. These meetings also guide our school decision making on the cultural opportunities that we provide throughout the year for both Aboriginal and non-Aboriginal students at WCS.





## In The Spotlight - Mrs Heath

**Name:** Mrs Lisa Heath

**My job is:** Primary Teacher

**What I like best about my job:** Helping students reach their potential academically, socially and emotionally.

**My favourite colour is:** Pink

**My favourite subject when I was at school was:** Art

**My favourite subject to teach is:** English

**My favourite food is:** Thai

**My favourite book is:** Black Beauty

**My favourite movie is:** The longest Ride

**If I could travel anywhere in the world it would be:** Back to Paris to spend more time at The Louvre Museum.

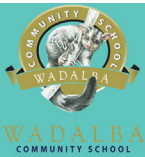
**In my free time I love:** Spending time with my friends and family. Looking after my pony Annie and going to Pilates.

**I'm looking forward to:** A year full of personal growth.





# Primary Wellbeing



## 2024 WELLBEING TEAM PRIMARY EXECUTIVE TEAM



MRS WELLS  
PRINCIPAL



MS SANDAY  
DEPUTY PRINCIPAL



MRS RACHAEL RACCANI-HEWITT  
STAGE 1  
ASSISTANT PRINCIPAL



MRS JESSICA MALU  
STAGE 2  
ASSISTANT PRINCIPAL



MR MITCHELL McNEILL  
STAGE 3  
ASSISTANT PRINCIPAL



MRS MELINDA FARRELLY  
ASSISTANT PRINCIPAL  
CURRICULUM INSTRUCTION



MRS REBECCA HAYWARD  
ASSISTANT PRINCIPAL  
CURRICULUM INSTRUCTION (rel.)



## Attendance

Working together for student attendance and to maximise learning.

We want to do all we can to be sure your child achieves their potential and enjoys being in school.

We know that school is the best place to learn. By attending school every day your child will get the most out of their learning and improve their career and life options.

When your child is absent it is important you let the school know, including the reason why, on the day or the day before. This helps make sure we know

where our students are and offer support for you and your family if needed.

If you are having trouble getting your child to school every day or on time, please talk to our school staff so we can work together, because every day counts.

Missing a day here or there may not seem like much, but absences add up and can negatively impact your child's learning and wellbeing. When your child misses one day per fortnight, that's 4 weeks of missed learning in one year. Over an entire school journey this adds up to 1 year of lost learning.



**Days  
missed =  
years lost**

If your child misses  
as little as

**1 day**  
per fortnight

they will miss

**4 weeks**  
of school  
per year

which adds up  
to over

**1 year**  
missed over  
their school life



# Zone Swimming

This year we had 25 swimmers represent Wadalba at the Wallarah Zone carnival at Mingara. All swimmers gave their best efforts with 9 swimmers progressing to Sydney North Championships at the end of the term.

## Zone Results

### 2nd Senior Boys Relay

Logan, Flynn, Loghan and Owen

### 2nd Senior Girls Relay

Keira, Zoe, Felicity and Indi

### Owen

1st 11 Years 50m Breaststroke

2nd Sen Bos individual Medley

2nd 11 Years 50m Freestyle

3rd 11 Years 50m Butterfly

3rd All Age 100m Freestyle

### Indi

1st 11 Years 50m Butterfly

2nd 11 Years 50m Freestyle

### Archie

3rd Junior 50m Breaststroke

### Logan C

2nd 11 Years 50m Backstroke

### Flynn

2nd 11 Years 50m Butterfly



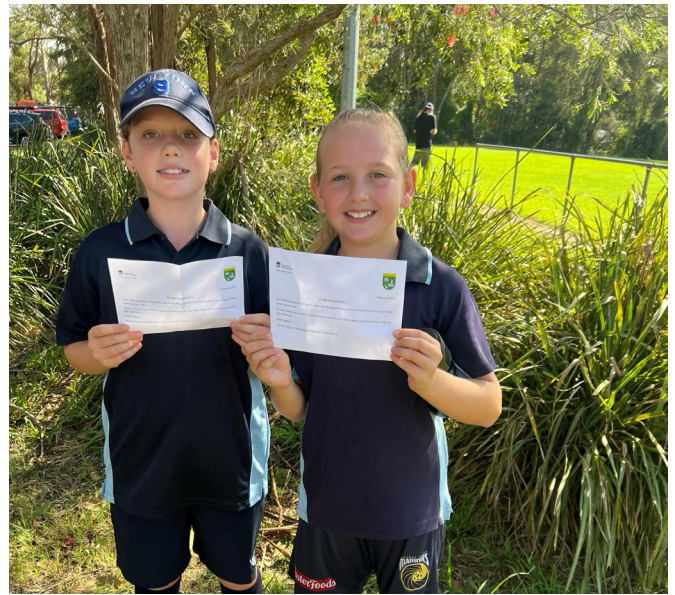


# Sydney North Trials

We have had a few trials already for students to try out to make a Sydney North team. These trials usually require students to trial at a zone level first then a combined trial with local zones and then progressing to Sydney North trials.

Sydney North Zone is one of the biggest zones in NSW, comprising of 12 zones and approximately 170 schools. Attaining a position in the Sydney North team is competitive, and we wish our students the best of luck in their trials.

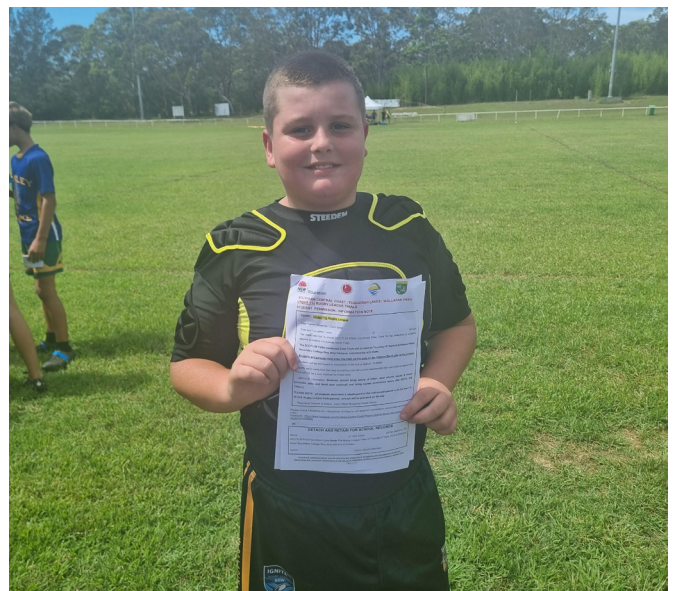
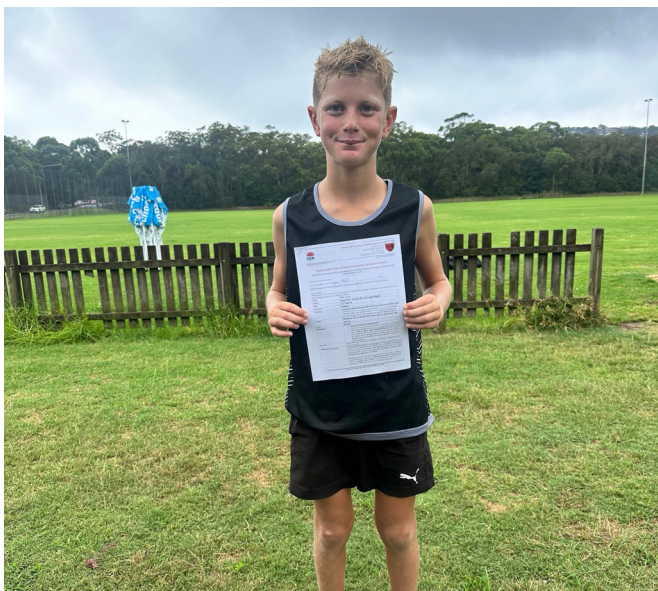
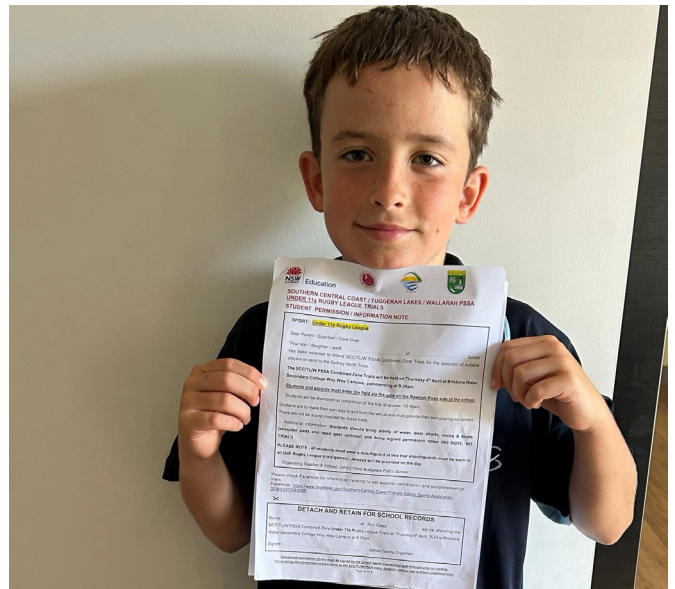
Congratulations to these students who have progressed to the next level.



AFL – Loghan M

U11' Rugby League – Flynn and Logan C

Football (Soccer) - Ellyse and Ariella





## Healthy Lunchbox

# Nutrition Snippet

## CRUSTLESS SALMON QUICHE

**Serves: 6**   **Prep time: 10 mins**   **Cooking time: 40 mins**



### Ingredients

- 2 tsp olive oil
- 1 small onion, diced
- 1 zucchini, grated
- ½ cup frozen peas
- 6 eggs
- 185 g tin pink salmon, drained
- ½ cup reduced fat milk
- 1 cup baby spinach
- 1/3 cup reduced fat cheese
- 1 tbsp parsley, chopped
- 1 tbsp dill, chopped (optional)

### Method

Step 1: Pre-heat the oven to 180°C. Grease a quiche dish with olive oil.

Step 2: Heat olive oil over medium heat in a frypan. Cook the onion until it's soft. Add the zucchini and peas and cook for a further 2 minutes. Set aside.

Step 3: Whisk together the eggs, milk and herbs in a large bowl. Add the onion mixture and stir.

Step 4: Pour half the mixture into the quiche dish, top with the baby spinach and salmon then pour the remaining mix over the top. Sprinkle with cheese.

Step 5: Bake for 30-40 minutes or until set.

**For this recipe and more visit:**  
[healthylunchbox.com.au](http://healthylunchbox.com.au)



**Cancer Council**  
 Healthy Lunch Box