

# WADALBA COMMUNITY SCHOOL P&C - PRIMARY SCHOOL CANTEEN MENU - 2018

## SANDWICHES, WRAPS & ROLLS

Your choice of White / Multigrain / Wholemeal /  
Gluten Free bread or tortilla wrap.

All sandwiches or wraps must be ordered.

Toasted sandwiches available at no extra cost

Vegemite	\$1.50
Cheese / Tomato	\$1.80
Spaghetti / Baked Beans	\$2.00
Ham	\$2.00
Salad (lettuce, tomato, carrot, beetroot, cucumber)	\$3.50
Roast Chicken	\$3.80
Tuna / Salmon	\$3.80
All extras (cheese, pineapple etc.)	\$0.20



## GOURMET CHOICES

All must be ordered

Chicken Char Grill	\$3.50
Chicken Chilli Wrap (lettuce, cheese & mayo)	\$4.20
Meatball Sub (meatball, sauce, cheese)	\$4.00
Chicken & Gravy Sub	\$4.00
Chicken Caesar Wrap	\$4.00
Butter Chicken (Wednesday Only)	\$4.00
Beef Taco Boats (Thursday Only)	\$4.00



## LOOK OUT FOR DAILY SPECIALS

The specials menu will change each term and will be advertised outside the canteen, newsletter and on school FaceBook.

**ALL FOOD MUST BE ORDERED UNLESS INDICATED WITH**



## HOT FOOD

All hot food must be ordered

Chicken Nuggets (each)	\$0.50
Hash Brown	\$1.00
Garlic Bread	\$1.50
Cheese or Cheese & Bacon Roll	\$1.60
Ham & Cheese Toastie	\$2.00
Sausage Roll / Spinach & Ricotta Roll	\$2.50
Pizza Single (ham & pineapple)	\$2.50
Chicken Goujons with sauce	\$2.70
Pizza Rounda	\$2.80
Plain Meat Pie / Potato Pie	\$3.20
Hot Dogs (Available Friday)	\$3.00
Wedges (sour cream & sweet chilli)	\$3.50
Lasagne / Macaroni & Cheese	\$3.50
Spaghetti Bolognaise	\$3.50
Hot Chips & Gravy (Available Friday)	\$3.50
Sauce Sachets (tomato or bbq)	\$0.30

## BURGERS

Chicken Burger (lettuce & mayo)	\$3.60
Cheese Burger (beef pattie, cheese, bbq sauce)	\$3.60
Vegie / Hawaiian (lettuce, tomato & mayo)	\$3.70
Hamburger (tomato, lettuce, beetroot, bbq)	\$4.00



**Clearly marked orders for Recess or Lunch** can be placed Monday to Friday before school. Please ensure your orders have your child's **Name and Class**

Promoting Healthy & Nutritional Foods ✓  
NSW Government Fresh Taste Strategy ✓

## FRUIT + SNACKS

Always available

Pikelets, Mini muffins	\$0.10
Jelly Cups	\$0.20
Mamee Chicken Noodles	\$0.60
Custard Cup	\$0.80
Zucchini Muffin	\$1.00
Fresh Fruit Cups	\$1.00
Jumpy's Fruit	\$1.00
(Apples, Banana & Seasonal)	
JJ Chicken Crackers	\$1.20
Assorted Chips	\$1.30
Finger Buns	\$1.50
Choc Chip Muffins	\$1.50



## SALADS

All salads are freshly made to order and come with lettuce and a selection of seasonal fruit/veggies.

Cheese & Salad	\$3.70
Ham / Tuna & Salad	\$4.00
Salmon & Salad	\$4.50
Caesar Salad	\$3.70
Chicken Salad	\$4.50
Chicken Caesar Salad	\$5.00
Zucchini Slice w/ Salad	\$5.00



## COLD DRINKS



Bottled Water 350mls	\$0.90
Bevco Juice Cups	\$0.80
Juice Popper 250mls (apple, orange, apple & blackcurrant)	\$1.20
Plain Milk 300mls	\$1.20
Bottled Water 600mls	\$1.30
Harvey Fruit Juices 250mls	\$1.70
Oak Flavoured Milk 300mls (choc, straw, vanilla)	\$2.20
Oak Flavoured Milk Popper 250mls	\$2.20
Tropical Smoothie	\$2.00
Up & Go Breakfast Drink 250mls (choc, straw, vanilla & banana)	\$2.20
Oak Flavoured Milk 300mls	\$2.20
Berry Heaven (yoghurt, berries)	\$2.00

## FROZEN TREATS



Quelch Fruit Sticks (Orange, Apple & B/currant or Apple)	\$0.50
Juice Cup	\$0.80
TNT Sour Pops	\$0.90
Mini Calippo's	\$1.00
Icy Twists	\$1.10
Icy Poles	\$1.10
Vanilla Ice Cream Cups	\$1.20
Paddle Pops	\$1.50
99% Fruit Juice Slushie	\$1.60
Bulla Frozen Yoghurts	\$2.00
Milo Scoop Shakes	\$3.00



## ONLINE ORDERING

Go to [www.flexischools.com.au](http://www.flexischools.com.au) and click "Register Now" and enter your email address. Complete the online registration and add funds to your account via credit card.



Log in at any time and place your lunch orders. 29c fee for the online orders to help pay for labels and the website system.

The canteen is run by **Wadalba Community School P&C Association**, with all profits used to benefit the students at the school. If you would like to help in the canteen, no experience necessary, contact the school on 43 562 888, For more information about the School or the P&C visit the school website:

[www.wadalba-c.schools.nsw.edu.au](http://www.wadalba-c.schools.nsw.edu.au)

Items on the menu may contain allergens - Prices subject to change without notice

Menu Effective: 2/2/2018