



<http://trackstar.4teachers.org/trackstar>

Track # 377451 - then choose "view in frames"

Explore the collection of websites on the *Trackstar* site, then complete the activities below.

1. What are some of the contributing factors to violent behaviour?

2. What are the possible consequences for someone who is punched?
(Choose from the list below)

- ☐ Broken bones
- ☐ Lacerations
- ☐ Death
- ☐ Exacerbation of a pre-existing medical condition
- ☐ Ongoing depression
- ☐ Lengthy rehabilitation
- ☐ Anxiety disorders



3. What are the possible consequences for the attacker/puncher?
(Choose from the list below)

- ☐ Criminal charges
- ☐ Criminal record
- ☐ Gaol time
- ☐ Revenge attacks from victim's circle of friends
- ☐ Damaged reputation
- ☐ Breakdown of relationships
- ☐ Feelings of guilt and remorse

4. What are some strategies for avoiding violent behaviour and therefore potentially tragic situations?

The Declaration

As a young Australian, I commit to ending the cycle of violence that is ruining the lives of all people involved in violent incidents, including their families.

I will do my best to find non-violent means of conflict resolution and I commit to looking out for my mates, helping them to do the same.

Your Signature:

Your Parent's/Guardian's Signature:

(Please return to your PE teacher so we can register your participation in this activity)